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## **Legal aspects of labelling gluten-free products**

### **LEGAL ASPECTS OF LABELLING GLUTEN-FREE PRODUCTS**

#### Summary

On 20 July 2016 a new Regulation (EU) No 828/2014 entered into force, regulating the provision to consumers of information on the absence or reduced presence of gluten in food. In this paper an attempt is made to assess the extent to which the safety of gluten-free foodstuffs has been ensured under the new regulation.

It is proposed that the basic legal requirements governing the possibility of indicating products as gluten-free or containing a reduced amount of gluten have not changed much. The new provisions will apply mainly to unpacked products that are served in restaurants, for example, and will provide for the way of explaining to consumers who are intolerant to gluten the differences between products that are naturally free of gluten and products that are specially designated as gluten-free. It is also noted that a certificate verifying the absence of gluten in products designated as gluten-free is not required.